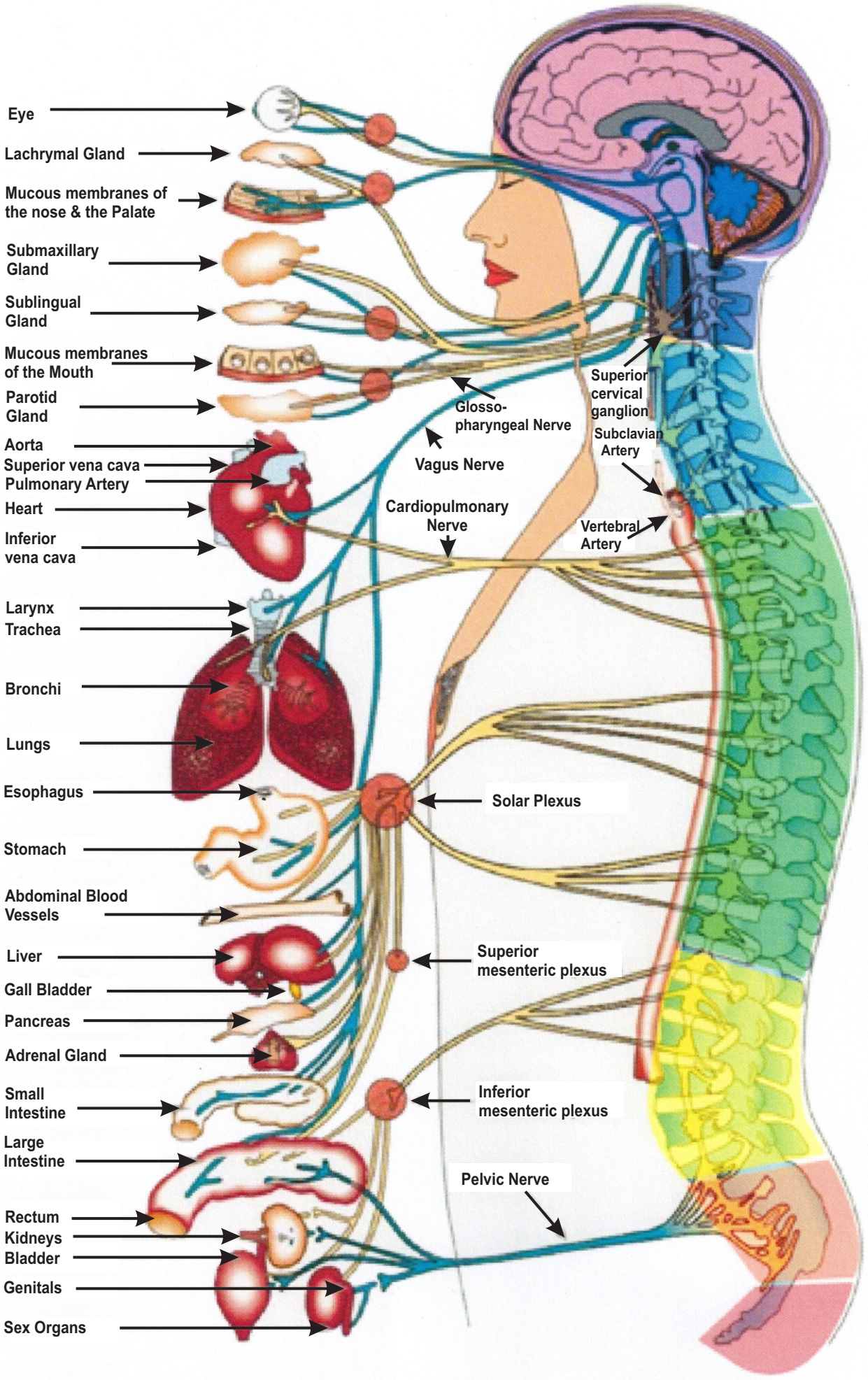Spinal Flow Science- The Nerve System